

Summer Fishtrap 2019 at Wallowa Lake Lodge
SAMPLE MENU FOR THE WEEK
(subject to change)

ALL BREAKFASTS

Scrambled Eggs
Boiled Eggs
Bacon, Sausage Links, or Sausage Patties
Hashbrowns
Biscuits and Sausage Gravy
Fruit Bowl
Egg White Frittata
Oatmeal

Monday, July 8th

DINNER

Fish and Chips
Baked Chicken Breast
Grilled Portabella Mushroom
Caesar Salad
Carrot Salad
Coleslaw

Tuesday, July 9th

BREAKFAST as shown above

LUNCH

Hamburgers
Chicken Burgers
Beet-soy Burgers
Cold Pasta Salad
Potato Salad

DINNER

Beef Broccoli and Onion
Chicken and Green Beans
Portabella Mushroom Stir Fry
Vegetable/Tofu Stir Fry
Steamed Rice
Egg Rolls
Pot Stickers

Wednesday, July 10th

BREAKFAST as shown above

LUNCH

Cream of Mushroom Soup
Beef Vegetable/Barley Soup
Chicken/Broccoli Pasta
Spinach Salad
Greek Salad

DINNER

Burritos - Chicken or Vegetarian
Flour/Corn/or Gluten Free Tortillas
Chips and Salsa
Mushroom Fajita
Chicken Fajita
Vegetarian Refried Beans
Mexican rice
Lettuce
Sour cream
Diced tomatoes
Onions
Mexican Style Cheese

Thursday, July 11th

BREAKFAST as shown above

LUNCH

Chicken Sliders
Pork Sliders
Mushroom Sliders
Potato Salad
Cold Pasta Salad
Cream of Broccoli Soup

DINNER

Chicken Parmesan
Lodge Pasta
Pork Cutlets with Spinach and Mozzarella
Spaghetti Marinara with or without Meatballs
Angel Hair Pesto
Caesar Salad
Spinach Salad

Friday, July 12th

BREAKFAST as shown above

LUNCH

Fruit Pasta Salad

Mixed Green Salad

Baked Potatoes with all the fixings

Chicken Salad Sandwich

Egg Salad Sandwich

Greek Salad

DINNER

BBQ Beef Brisket

Fried Chicken

Vegetarian Chili

Garlic Mashed Potatoes

Green Beans

Corn Bread Stuffing

Wild Rice

Honey-Glazed Carrots

Saturday, July 13th

BREAKFAST as shown above

LUNCH

Taco Bar with Beef, Chicken or Mushrooms

Corn Chips

Flour/Corn/or Gluten Free Tortillas

Mexican Rice

Vegetarian Refried Beans

Mexican Cheese

Sour Cream

Salsa

Diced Tomatoes

Onions

Mixed

Green salad

DINNER

Prime Rib

Cod Filet

Grilled Portabella Mushrooms

Baked Potatoes

Garlic Mashed Potatoes

Wild Rice
Seared Mixed Seasonal Vegetables
Caesar Salad
Spinach Salad

Sunday, July 14th

BREAKFAST as shown above