# OUTPOST ON THE ZUMWALT PRAIRIE June 19-24, 2023 Participant Packet

Welcome to Outpost. We hope you are as excited about this opportunity as we are about providing it! Please take a few minutes to read the following pages carefully as they contain important information regarding your Outpost experience.

The goal of Fishtrap's Outpost program is to provide writers with an opportunity to experience a remote, natural environment in Wallowa County in order to find solitude, connect to the landscape in a meaningful way, and write about their experience.

# **Outpost Instructor**

CMarie Fuhrman is an author and poet whose work is rooted in the landscape of the West. She is the author of the collection of poems, Camped Beneath the Dam, and co-editor of two significant anthologies, Cascadia Field Guide: Art, Ecology, and Poetry and Native Voices: Indigenous Poetry, Craft, and Conversations. She has published or forthcoming poetry and nonfiction in multiple journals, including Terrain.org, Emergence Magazine, Platform Review, Northwest Review, Yellow Medicine Review, Poetry Northwest, and several anthologies. CMarie is a regular columnist for the Inlander, Translations Editor for Broadsided Press, and the Elk River Writers Workshop Director. CMarie is the Associate Director of the Graduate Program in Creative Writing at Western Colorado University where she also directs the Poetry Program and teaches Nature Writing. She is the current Idaho Writer in Residence and resides in the mountains of West Central Idaho.

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## From CMarie Fuhrman:

Writing is often seen as a solitary activity. Isolation and solitude are prerequisites for producing work that has the power to move people. However, we are never truly alone. The voices of our ancestors, mentors, books, friends, and foes all coexist within us. And all around us, beings graced with melodies, shade, and beauty sit silently by our sides as we create. There are also the people who support us in the editing and improvement of our writing by providing feedback, words of encouragement, and even the occasional cup of tea and snack as we work.

Throughout this week-long creative immersion, I will serve as your guide to the art of listening. To community. To connecting with the nonhuman on a prairie where generations of beings have directly benefited one another's growth and survival, where diversity makes an ecosystem thrive. As a result, writing will no longer be something we do alone but something we share with others, allowing us to channel

the wisdom of our ancestors and offer a voice to those who were previously silenced. Expect to examine beautiful writing about the importance of communities (and sometimes solitude), as well as exercises designed to help you find your voice and connect with your environment and other people. All this will occur on one of the region's most beautiful and varied settings over shared meals, hikes, campfires, and conversations.

# **Outpost Naturalist**

**Janet Hohmann** is a Wallowa County wildlife biologist, naturalist, and trail guide. Although she'd never admit it, she probably knows more about the Zumwalt Prairie's plants and wildlife than just about anyone. During the week, Janet will lead hikes and happily answer questions about the landscape.

# What to expect at Outpost

Outpost takes place on The Nature Conservancy (TNC) Zumwalt Prairie Preserve, a 33,000-acre grassland in rural Wallowa County, Oregon. It is a beautiful and inspiring landscape, lush with flora and fauna including wildflowers, aspen groves, soaring raptors, elk and deer, plus the rolling grasslands leading out to the horizon. Part of the beauty of being out on the Zumwalt is that you will be off the modern day grid. But that also means you will be an hour from any town or store, so it's important to prepare in advance so you can spend the week immersed in the landscape and your writing.

#### **Facilities**

TNC's Summer Camp gives Outpost participants access to one restroom which includes a toilet, sink, and shower. All participants will pitch in to keep things clean. This is a shared responsibility that includes everyone. The Summer Camp does have a second restroom reserved for TNC staff and volunteers. They have allowed us access to it in years past but that may have changed due to the health restrictions and we won't know until we get there. There is also one primitive pit outhouse that you can access in a pinch.

The TNC Summer Camp facility has limited solar power, cell connectivity is spotty if available at all, and there is no wi-fi access. Be prepared for weather extremes. The daily temperatures can swing from 100 degrees midday to below freezing at night. Be prepared for wind and rain, sun and heat. See suggested pack list below.

#### Medical

Outpost is an hour from any medical facility or store. Please pack all your medications and please don't take any physical risks while hiking and exploring. Drink lots of water. Seek shade. We will have a first aid kit available and a First Responder on site all week in the unlikely case that someone needs medical attention. If there is an emergency, you will be transported to the nearest hospital in

Enterprise, Oregon. The latter has never happened in the history of Outpost and we don't want to break that good record, so please be careful out there.

Fishtrap will require all participants to sign and agree to an assumption of risk form that you will be asked to complete upon your arrival at Fishtrap.

#### Meals

You'll have fresh, nutritious, homemade meals served during the week with an emphasis on locally grown ingredients. No one will go hungry or thirsty, that's for sure. Our camp cook will provide basic regular, vegetarian, and vegan meal options but is not able to make custom meals based on each person's dietary restrictions. If you have severe food allergies or other dietary concerns, please let us know in advance.

#### **Libations and Treats**

Some folks choose to bring their favorite snacks, soda pop, a bottle of wine, or can of beer to sip at dinner and around the fire. You are welcome to do that, but please have it all pre-packed and ready to go in critter-proof containers. We won't be stopping by a store on the way out to Outpost. You are welcome to bring a cooler. Access to ice is extremely limited or not available during the week.

# Sleep

We encourage you all to pitch a tent and sleep outside under the stars. This is part of the adventure. Bring a comfy sleeping bag, pillow, air mattress/sleeping pad, and any other camping amenities you enjoy, including a folding chair, battery powered lamp, etc. The camping area is in an open, rolling grassy field. It will take a little bit of searching to find a nice flat spot but with a little time, you'll find your camp home for the week.

If you prefer a roof over your head, there are also a limited number of bunks available in an upstairs, shared, co-ed bunkhouse. Please contact Program Director Mike Midlo to reserve a bunk: <a href="mike@fishtrap.org">mike@fishtrap.org</a>. First come, first get.

### **Getting Here & Opening Day Schedule**

Outpost sign-in is Monday, June 19 from 3:00-4:00pm at the Fishtrap Office, 107 West Main Street, Enterprise, Oregon. Please give yourself plenty of time for travel. Wallowa County is a long drive from most anywhere. Get an early start. Give yourself time to get any last minute supplies. Maybe plan a leisurely lunch stop at Terminal Gravity brewpub in Enterprise before arriving at Fishtap.

We will all leave together for Outpost promptly at 4:00pm.

Fishtrap provides transportation to the Outpost camp from Enterprise. Sit back and enjoy the 25-mile scenic drive over primitive access roads in the comfort of a passenger van. We'll also transport all your gear. Please plan on taking any valuables with you, or you are welcome to store a bag or two in the Fishtrap office.

If you would like to drive your own vehicle on the wild road to camp, that's fine too.

Once we arrive on the Zumwalt Prairie, everyone will have time to set up their tents, share a welcome dinner, and get settled in for a week of discovery and writing.

The final day of Outpost is Saturday, June 24. The group will pack up and travel back to Enterprise late morning with a goal to return to Enterprise by noon. Upon return, Outpost participants are invited to attend an optional lunch at the Bowlby Building with the Fishtrap Board of Directors. It's a nice way to conclude your week and make connections before heading home.

# Outpost on the Zumwalt Prairie Terms and Conditions - Refund and Cancelation Policy

These terms and conditions are valid for each attendee registering for the 2023 Outpost on the Zumwalt Prairie program.

Outpost is held at The Nature Conservancy's Zumwalt Prairie Preserve in Wallowa County. This is an outdoor setting with inherent risks, hazards, and dangers. All registrants agree to follow the rules and policies at these venues. No pets are allowed.

If, for any reason, you need to cancel your plans to attend Outpost, our refund policy is as follows:

Fishtrap registration includes a \$100 nonrefundable deposit as part of the total fee. Registrants canceling Outpost registration before May 1, 2023 will be issued a full refund minus the deposit. Registrants canceling registration from May 1-May 31, 2023 will be issued a 50% refund of the total registration fee minus the deposit. No refunds will be issued after June 1, 2023.

In the unlikely event that Outpost is canceled, all registrants will have the option of receiving a full refund, including deposit, or receiving registration credit for the following year's Summer Fishtrap Gathering or Outpost event. Fishtrap is not responsible for travel costs.

Travel Insurance. We encourage all participants to look into a Travel Insurance policy in the case that you are not able to attend due to circumstances beyond your control.

Fishtrap reserves the right to refuse to admit or remove any participant or refuse registration to any participant who may violate the Fishtrap Code of Conduct Policy. This policy exists to ensure the safety of all participants, instructors, and staff. Registrants refused admittance at registration will receive a full refund. Registrants removed from Outpost while the event is in progress will not receive a refund and are responsible for any costs incurred as a result of their removal.

This refund policy covers all fees paid to Fishtrap for registration, meals, and lodging.

#### **Notice of Non-Discrimination**

Fishtrap prohibits discrimination on the basis of race, color, gender, national origin, religion, sexual orientation, disability, or age. This policy applies to all Fishtrap administration, activities, and events and will be enforced for all employees, contractors, volunteers, and participants.

# Suggested Pack List

Gear Clothing

Lightweight Boots or Trail Shoes Sleeping bag Camp Shoes/Sandals/Slippers Bedding

Air Mattress or Pad Socks and Undies

Pillow & Blankets Pants & Shorts; fleece and wool are Tent, Rain Fly, Stakes nice for mornings and evenings. It can

Day Pack get cold

Folding Chair or Sitting Pad Shirts; layers – one of fleece/wool, but Camera also be prepared for very hot weather.

Gloves

Rain Jacket - Pants Binoculars

Map & Field Guides Sunglasses and extra Prescription Shade Hat Glasses Warm Hat Sunblock Warm Coat

Insulated Mug and Water Bottle

Headlamp and Flashlight

Personal Kit - Toothbrush, Toothpaste,

etc.

Medications

Writing Materials and a flat surface to write on such as a hard-backed notebook, clipboard, or camp table.

Questions? Get in touch with Program Director, Mike Midlo, mike@fishtrap.org.